

# Childbirth Education

## *Class Description & Contract*

### Service Description

Childbirth classes help expectant parents learn about and prepare for labor and birth.

This childbirth education class is a three (3) hour childbirth “intensive”. It moves at a fast pace, and is recommended for parents who have already experience childbirth. This class will progress as follows:

- Hour 1 – Labor & Birth
- Hour 2 – Variations
- Hour 3 – Postpartum & Newborn Care

### Limitations/Disclaimer

The information given in this class is evidenced-based. It is not intended to take the place of your care provider’s advice and/or protocol. If information given conflicts with your care provider’s information, it is my recommendation that you research further in order to make an informed decision about your care.

### Fees

The cost of this course is **\$50.00** and payment is due in full at the beginning of the class.

### Agreement

I agree that I will in no way hold the instructor of this class, Ashley Motzenbecker, CD(CBI), PED, responsible for any complications that could arise as a result of my pregnancy, labor or the delivery of my child, and I agree that neither I nor any member of my family will make any claim or initiate any suit against any of the above-named parties now or at any time in the future.

In signing this contract, you agree that I have discussed all the points herein and you understand and agree with them.

\_\_\_\_\_  
**Client's signature (mother)**

\_\_\_\_\_  
**Date**

\_\_\_\_\_  
**Client's signature (partner)**

\_\_\_\_\_  
**Date**

\_\_\_\_\_  
**Doula's signature**

\_\_\_\_\_  
**Date**