

# Childbirth Education

## *Class Description & Contract*

### **Service Description**

Childbirth classes help expectant parents learn about and prepare for labor and birth.

This childbirth education series is five (5) weeks in length. This series is taught in a group setting, similar to traditional hospital childbirth classes. The classes will progress as follows:

- Class 1 – Preparing for Labor
- Class 2 – The Stages of Labor
- Class 3 – The Birth
- Class 4 – Variations
- Class 5 – Postpartum & Newborn Care

### **Limitations/Disclaimer**

The information given in this class is evidenced-based. It is not intended to take the place of your care provider's advice and/or protocol. If information given conflicts with your care provider's information, it is my recommendation that you research further in order to make an informed decision about your care.

### **Fees**

The cost of this course is **\$50.00** and a non-refundable deposit of **\$20.00** due one (1) week prior to beginning of series, or at the signing of this contract. Once deposit is paid, subsequent payments can be made as follows:

- One payment of **\$30.00**, due at the beginning of the first (1<sup>st</sup>) class.
- Two payments of **\$15.00**, due at the beginning of the first (1<sup>st</sup>) and third (3<sup>rd</sup>) classes.

### **Refunds & Cancellations**

In the event of illness or injury on the part of the instructor, severe weather or birth, the class will be rescheduled as soon as possible.

If you cannot attend a class and need a make-up session, please contact me as soon as possible. I am more than happy to arrange a time to meet and go over the information from the missed class. If you do not contact me to arrange an alternate time or do not wish to meet with me to make up the missed class, a refund for the missed class will not be issued, as you will have the course material in your packet to go over on your own and I must cover the expense of printing the packets.

You reserve the right to cancel classes anytime before the beginning of the series. If you choose to stop coming to the classes please contact me as soon as possible to let me know.

If you decide to not employ me **after** the signing of this contract, the following will apply:

- Cancellation before 1<sup>st</sup> class – Full refund, **minus** deposit.
- Cancellation after 1<sup>st</sup> class - **\$20.00** refund.
- Cancellation after 2<sup>nd</sup> class – **No** refund.

If you choose to stop coming without notifying me, regardless of when you choose to stop, a refund will not be issued. Out of courtesy I ask that you either return the class packet or reimburse me **\$10.00** for the cost and time of printing and assembly.

If your baby is born before you complete the course a refund will be issued for the missed classes.

## **Agreement**

I agree that I will in no way hold the instructor of this class, Ashley Motzenbecker, CD(CBI), PED, responsible for any complications that could arise as a result of my pregnancy, labor or the delivery of my child, and I agree that neither I nor any member of my family will make any claim or initiate any suit against any of the above-named parties now or at any time in the future.

In signing this contract, you agree that I have discussed all the points herein and you understand and agree with them.

\_\_\_\_\_  
**Client's signature (mother)**

\_\_\_\_\_  
**Date**

\_\_\_\_\_  
**Client's signature (partner)**

\_\_\_\_\_  
**Date**

\_\_\_\_\_  
**Doula's signature**

\_\_\_\_\_  
**Date**